

TERRE HAUTE GIRLS SOCCER CONDITIONING/PRACTICE SCHEDULE

In-School Open Facility/Conditioning (Thru May). Mondays and Wednesdays (weight room) from 5:30-7:00. Fridays (Aux gym/Field when weather permits) from 4-5:30pm. All 6th, 7th, and 8th graders are invited to attend.

Summer Conditioning

June Practices - 3 days/week

July Practices - 4 days/week

Mandatory Practices - 5 days/week

Monday	June 08	6-8:15	
Wednesday	June 10	6-8:15	
Friday	June 12	8-10am	
Monday	June 15	6-8:15	
Wednesday	June 17	6-8:15	
Friday	June 19	8:30-10:30am	
Monday	June 22	Rose Camp	
Tuesday	June 23	Rose Camp	
Wednesday	June 24	Rose Camp	
Thursday	June 25	Rose Camp	
Friday	June 26		Rose Camp
Monday	July 6	6-8:15	
Tuesday	July 7	6-8:15	
Wednesday	July 8	6-8:15	
Friday	July 10	8:30-10:30 am	
Monday	July 13	6-8:15	
Tuesday	July 14	6-8:15	
Wednesday	July 15	6-8:15	
Friday	July 17	8:30-10:30am	
Monday	July 20	6-8:15	
Tuesday	July 21	6-8:15	
Wednesday	July 22	6-8:15	
Friday	July 24	8:30-10:30am	
Monday	July 27	6-8:15	
Tuesday	July 28	6-8:15	
Wednesday	July 29	6-8:15	
Friday	July 30	8:30-10:30am	

Mandatory Practice

(Must have 10 mandatory practices to be eligible to play in Jamboree.)

Monday	August 3	5:45-8:30
Tuesday	August 4	5:45-8:30
Wednesday	August 5	5:45-8:30
Thursday	August 6	5:45-8:30
Friday	August 7	5:45-7:45
Monday	Aug 10	5:45-8:30
Tuesday	Aug 11	5:45-8:30
Wednesday	Aug 12	5:45-8:30
Thursday	Aug 13	5:45-8:30
Friday	Aug 14	5:45-7:45

When school starts practice will be from 3:45-6:30 Monday thru Thursday and 3:45-5:45 on Fridays.

